

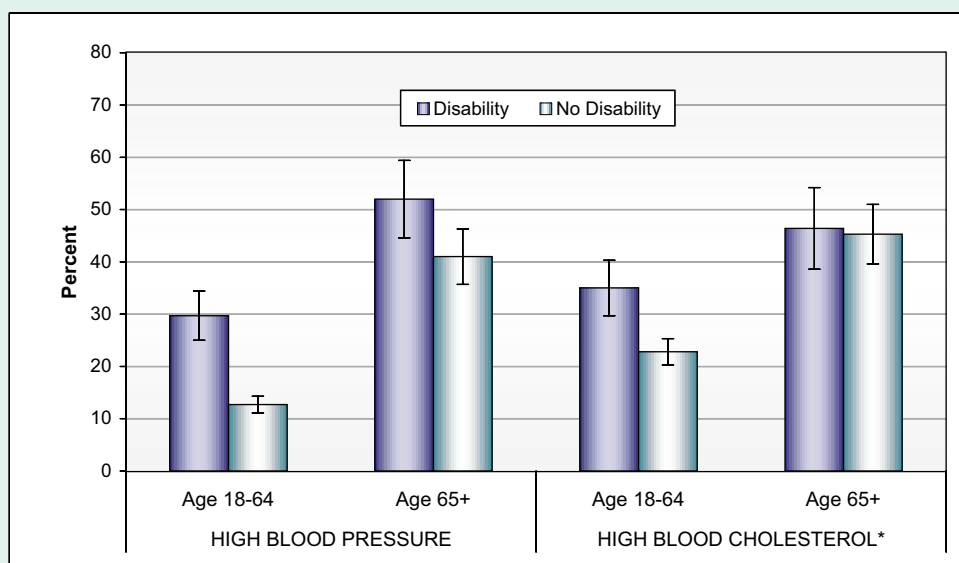
**Table 14. Cardiovascular Disease Risk Factors, Montana Adults with and without Disability, 2001 and 2003** (with 95% confidence intervals)

Ever told you have high blood pressure						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3335	26.8	24.8-28.8	4021	21.3	19.7-22.9
Adults with Disability	743	40.6	35.7-45.5	951	36.9	32.8-41.0
Age 18-64	499	36.5	30.6-42.4	634	29.8	25.1-34.5
Age 65+	244	50.6	42.2-59.0	310	52.0	44.6-59.4
Adults without Disability	2587	23.2	21.0-25.4	3022	16.9	15.3-18.5
Age 18-64	2094	17.6	15.4-19.8	2439	12.7	11.1-14.3
Age 65+	490	53.1	47.4-58.8	559	41.0	35.7-46.3
Ever told your blood cholesterol is high (adults who have ever had their blood cholesterol checked)						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	2477	29.0	26.6-31.4	3094	29.8	27.7-31.9
Adults with Disability	603	38.2	32.7-43.7	784	38.9	34.4-43.4
Age 18-64	383	37.4	30.5-44.3	497	34.9	29.6-40.2
Age 65+	220	39.9	30.9-48.9	282	46.4	38.6-54.2
Adults without Disability	1869	26.5	24.0-29.0	2274	26.9	24.5-29.3
Age 18-64	1433	22.5	19.6-25.4	1749	22.8	20.3-25.3
Age 65+	434	41.5	35.4-47.6	505	45.3	39.6-51.0
Blood cholesterol was checked in the past 5 years						
	Total No.	2001 %	CI	Total No.	2003 %	CI
All Adults	3257	69.9	67.7-72.1	3914	70.1	67.9-72.3
Adults with Disability	722	77.7	73.4-82.0	928	75.3	71.2-79.4
Age 18-64	487	72.7	67.2-78.2	623	68.7	63.4-74.0
Age 65+	235	90.3	85.0-95.6	298	89.5	84.6-94.4
Adults without Disability	2530	67.9	65.4-70.4	2941	68.5	66.1-70.9
Age 18-64	2050	64.1	61.2-67.0	2373	64.4	61.7-67.1
Age 65+	477	87.5	83.8-91.2	544	91.0	88.1-93.9

**Healthy People 2010 Objective(s):**

- 12-9. Reduce the proportion of adults with high blood pressure to 16 percent.
- 12-14. Reduce the proportion of adults with high total blood cholesterol levels to 17 percent.
- 12-15. Increase the proportion of adults who have had their blood cholesterol checked within the preceding five years to 80 percent.

Figure 16. Prevalence of cardiovascular disease risk factors, Montana adults – 2003



\* Those who have ever had their blood cholesterol checked

## Have you ever been told by a health professional that you have high blood pressure?

Thirty-seven percent of adults with disability reported they had been told they have high blood pressure—compared to 17 percent of those without disability.

More than twice as many younger adults with disability (30%), as younger adults without disability (13%), reported they have high blood pressure.

Among adults age 65 and older, 52 percent of those with disability were told they have high blood pressure—compared to 41 percent of those without disability.

## Have you ever been told by a health professional that your blood cholesterol is high?

### (Those who have ever had their blood cholesterol checked)

Overall, 39 percent of adults with disability and 27 percent of adults without disability indicated they had been told their blood cholesterol was high.

Among adults age 18-64 years, those with disability were more likely to report they had ever been told their blood cholesterol was high than those without disability—one in three (35%) compared to one in four (23%).

Among older adults, those with and without disability were equally likely to have been told their blood cholesterol was high—46 percent and 45 percent respectively.

## Blood cholesterol was checked in the past five years:

Seventy-five percent of adults with disability reported their blood cholesterol was checked within the past five years, significantly more than those without disability (69%).